In an attempt to promote women in sport and with a view of introducing the "World Game" to female competitors Football Gold Coast is announcing our inaugural Women's 6-a-side competition. This competition is open to ALL females 15 years of age and over, is a social football format played on smaller fields with the emphasis on 'Fun, Friendship and Fitness' while promoting participation and enjoyment of the great game of football.

We encourage you to organise a group of friends, work & school colleagues or family to put together a team and join in the fun.

Teams are 6-a-side with unlimited interchange during the match, each match consists of two equal periods of 20 minutes, with a brief half-time interval for teams to change ends. A maximum of 10 players can register for any one team.

Depending on registrations received we envisaged running 2 competitions:

- 1. Northern competition played out of Pacific Pines SC, Coomera SC & Ormeau FC
- 2. Central competition played out of Surfers Paradise SC

The competition will run for 12 weeks (depending on teams entered) and played on a Monday night.

It is open to females 15 years of age and over.

Kick-off for the 2016 season is Monday 4<sup>th</sup> July.

Total cost per player is \$130 for the tournament which includes FGC registration, referee fees, field hire and insurance (please be aware that players must be registered on My Football Club and paid in full to be eligible to play in the tournament).

Register today! Click here to register <a href="www.myfootballclub.com.au">www.myfootballclub.com.au</a> and go to player registration link and follow the prompts.

This competition is perfect for current players who want to keep active, those who have played but don't have time to dedicate to a full season or individuals who just want to have some fun with friends. It is also a great opportunity for new participants to begin playing football in a fun and social setting

Should you require more information please don't hesitate to contact Alan at foo@footballgc.com.au